

Creative Learning Center Express

Parent Newsletter

March 2010



The Theme of the Week



- 3/1 – 3/5 **Theme:** Dr. Seuss's Birthday
Letter W, X Number 17 18
- 3/8 – 3/12 **Theme:** Let's Go To the Zoo
Letter W, X Number 17 18
- 3/15– 3/19 **Theme:** Communication
Letter W, X Number 17 18
- 3/22 – 4/2 **Theme:** Welcome Spring
Letter W, X Number 17 18

Special Days

- March 2nd Read Across America Day
Dr. Seuss's Birthday
- March 17th St. Patrick's Day
(Wear the color Green Day)
- March 20th First Day of Spring
- March 25 Waffle Day

Breakfast and Lunch

Please make sure you have your child at daycare by 8:00 AM to be counted for breakfast.

Show and Tell

Wednesday is show and tell. Parents, it is your job to remember show and tell for the letter or theme of the week. Children are sad if they don't have anything to show.

Clothing:

Please mark all clothing, coats, sweatshirts, etc. with your child's name in permanent marker. We can not be responsible for lost items.

Dress Accordingly

We will be going out everyday, weather permitting. Parents, please dress your child according to the weather. If needed, send extra layers to leave in your child's cubby. Please send extra clothes in case of accidents. It is the parent's responsibility to check their child's cubby for items needed. Per Keystone Stars, we must take all children outside daily weather permitting, 25 degrees or warmer.

www.keystonestars.com

Our rule is 32 degrees or warmer weather permitting. If your child can not go outside because of an illness, they should not be at the Center.

WFMZ

In case of inclement weather:

Please go to www.wfmz.com, school closings, and view the list for Creative Learning Center for any delays or closings. Always check for updates! Hopefully this is the last month we have to worry ☺!

Cuddling Babies

February 23, 2010

When children feel good about themselves, it's like a snowball rolling downhill. They are continually able to recognize and integrate new proof of their value as they grow and mature.

-Stephanie Marston

Human beings have a "left-side cradling bias. According to **Psychology Today** (January 2010)....

"Most of us hold infants so their heads nestle in our left elbows. Positioned this way, babies' facial expressions are processed first by the caregiver's emotional right brain, allowing for faster communication of the babies' needs and stronger bonding."

Being with Babies: Understanding and Responding to the Infants in Your Care

Exchange is proud of its book, [Being with Babies](#), is a great resource for both beginning and experienced caregivers. Each chapter describes an issue that caregivers face daily, offers scenarios that illustrate the challenge, suggests solutions caregivers can use to address the issue, and concludes with a review of key points. Being with Babies teaches caregivers how to handle everyday challenges while learning about developmental stages. This hands-on resource is perfect for caregivers of children 6 weeks to 18 months old, as well as for staff development and resource libraries. Chapters include information on:

- Developing relationships with babies
- Using observation to understand babies

- Communicating with babies
- Selecting appropriate toys
- Setting up safe and effective learning environments for babies